We have been made aware of a WhatsApp message circulating which asks that Muslims stay indoors on April 3. You may have heard these rumours in the classroom, outside of school or on social media. We recommend that you continue your daily routines but remain alert.

To help keep you and others safe on any day of the year you can follow these basic safety tips.

**KEEP IN MIND:**

Always be aware of your surroundings

Let your parents or guardians know where you are and how to contact you.

Stick to busy well-lit public routes, avoid shortcuts & never accept a lift from someone you don’t know.

On trains, look for busy carriages and stay on the lower deck of a bus if possible, near to the driver.

Don’t be embarrassed to make noise to attract attention and scare off anyone who is threatening you.

If anyone is harming or bullying you then tell an adult you trust such as a teacher or your family.

Wherever you are, be aware of how to make an emergency telephone call.

**In an emergency always dial 999**

**Contact Information:**

- Phone: 0800 456 1226
- WhatsApp: 0734 184 6086
- Email: info@tellmamauk.org