We have been made aware of a WhatsApp message circulating which asks that Muslims stay indoors on April 3.

The threatening letters sent to Muslim households and the targeting of four Muslim MPs shows how extremists want us to be fearful as they seek to threaten our individual freedoms and our institutions.

Whilst we share your deep concerns and fears, we recommend that you continue your daily routines while remaining vigilant and continue to look out for each other. We are working closely with police forces on this matter which is being treated with the utmost seriousness. Counter-terror police are continuing their investigation with the relevant police forces where letters have been received.

If you have concerns, as a precaution, follow the advice given in the safety tips below.

**Personal safety tips:**
- Be alert to your surroundings
- Stick to public routes you know are well lit and busy
- Avoid shortcuts through unlit areas. If it feels unsafe, find a more public route, especially at night
- Let a family member or friend know about your travel plans
- If you are worried, carry a personal alarm and use it when needed
- If you are attacked or abused, try to note down the perpetrator(s)’ appearance, clothing, and where the incident took place. If safe to do so, take a photograph and then report the incident to Tell MAMA or the police
- **In an emergency always dial 999**

**Safety tips for Islamic institutions:**
- Try not to engage directly with perpetrators and maintain a safe distance
- Dial 999 if you feel that individuals pose a risk to the safety of individuals or the institution itself
- Ensure that CCTV in and around the institution is working. This is crucial for securing evidence
- Islamic institutions are open places but do not be afraid to speak with unfamiliar faces to ensure that everyone feels welcome and safe, thus deterring potential perpetrators, where safe to do so
- Where possible, and safe to do so, photograph any intruder or perpetrator, or note down their details e.g. appearance and clothing, and report the incident to Tell MAMA or the police